



Parents are invited for family enrichment at
Family Psychology of South Bend
Winning Your Child's Cooperation:
solutions using positive, non-coercive
approaches to
child guidance and discipline

Whether you are looking for answers to your struggles, in-depth information about positive discipline or just a lively discussion about children and family, join Sharon Bain, LCSW, Family Psychology child therapist and former resource specialist for the Early Childhood Development Centers of Notre Dame and Saint Mary's, to learn about practical methods for raising cooperative, independent and responsible children. In addition to foundational principles, we teach specific strategies for dealing with common problem areas such as:

- Lying, back talk and disrespect
- Not listening
- Public tantrums
- Morning, mealtime and bedtime struggles
- Resisting doing chores
- Struggles over homework
- Setting limits with electronic devices
- Insecurity and over-sensitivity
- Sibling fights and peer conflicts

When: The first Monday of each month Oct.-Dec and Feb.-May,
12:00 noon-1:00pm

Where: Family Psychology of S. Bend, 115 S. St Peter St, S. Bend, 46617

Cost: Free and open to the public.

Registration: Registration is required.

Email sharon@family-psychology.com. Please reply to each monthly email reminder in order to reserve your seat.

more family enrichment info at www.family-psychology.com
John Petersen, Psy.D. and Sharon Bain, LCSW